



Our CPR Program

COVID-19 Prevention in Riverdale (CPR)

CPR program aims to decrease the number of African American and African women who get infected, hospitalized and/or die due to COVID-19 in one year in Riverdale, and to increase the number of African American women and vulnerable population who get tested or vaccinated for COVID-19 in six months in Riverdale, GA.



COVID-19 is a respiratory illness with symptoms like fever, cough, and shortness of breath. Symptoms may appear 2-14 days after you've first been exposed to the virus, or not at all.

For more information, contact CDC
<https://www.cdc.gov/coronavirus>

Womens Health First:

Our mission is to support communities by promoting women's health and advancing health equity through Education, Advocacy, and Empowerment, in Riverdale, Metro Atlanta and Africa

**CONTACT US TODAY FOR
OUR FREE PRESENTATIONS**



678-777-8961



info@womenshealthfirst.org



womenshealthfirst.org

COVID-19 PREVENTION IN RIVERDALE: CPR



Equity in Vaccination.
Get Vaccinated Today!

- Search [vaccines.gov](https://www.vaccines.gov)
- Call 1-800-232-0233
- Text your zip code to 438829
- Visit Clayton County Health District



COVID-19 Prevention Actions

There are many ways your actions can help protect you, your household, and your community from COVID-19:

- Proper Handwashing with Water and Soap
- Wearing Mask
- Improving Ventilation
- Staying Up to Date with COVID-19 Vaccines



Staying Home When You Have Suspected or Confirmed COVID-19

How to Protect Yourself and Others

1- Staying Up to Date with COVID-19 Vaccines:

COVID-19 vaccines help your body develop protection from the virus that causes COVID-19. The vaccine significantly lowers the risk of you getting very sick, being hospitalized, or dying from COVID-19. CDC recommends that everyone stay up to date with their vaccinations

2- Improving Ventilation:

Can help prevent virus particles from accumulating in indoor air. Improving ventilation and filtration can help protect you from getting infected with and spreading the virus.

3- Getting Tested for COVID-19:

A test tells you if you are exposed to the virus. Get your Free Test Kit, Today:

- **Online at [COVIDTests.gov](https://www.covidtests.gov)**
- **By calling 1-800-232-0233 (TTY 1-888-720-7489)**

Protect Yourself, Get Vaccinated!

"People who are concerned about their own health are those who are preparing for the future."



Everyone is at risk. People of all ages and social status can be infected by the Coronavirus. The vaccine significantly lowers your risk. Get your COVID-19 Booster Vaccine Today!



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[womenshealthfirst.org](https://www.womenshealthfirst.org)